

He reached down from on high and took hold of me.
2 Samuel 22:17

READ: 2 Samuel 22:13-20

A little girl waded in a shallow creek while her father watched. Her rubber boots reached her knees. As she sloshed downstream, the water deepened until it flowed over the top of her waders. When she couldn't take another step, she yelled, "Daddy, I'm stuck!" In three strides, her father was at her side, pulling her to the grassy bank. She yanked her boots off and laughed as water poured onto the ground.

After God rescued the psalmist David from his enemies, he took a moment to sit down, "pull off his boots," and allow the relief to flood his soul. He wrote a song to express his feelings. "I called to the Lord, who is worthy of praise, and have been saved from my enemies," he said (2 Samuel 22:4). He praised God as his rock, fortress, shield, and stronghold (vv. 2–3), and then went on to narrate a poetic response of God's response: The earth trembled. God came down from heaven. Lightning bolts flew from His presence. His voice thundered, and He drew him out of deep water (vv. 8, 10, 13–15, 17).

Maybe today you feel opposition around you. Maybe you're stuck in sin that makes it hard to advance spiritually. Reflect on how God has helped you in the past, and then praise Him and ask Him to do it again! Thank Him especially for rescuing you by bringing you into His kingdom (Colossians 1:13).

By Jennifer Benson Schuldt Taken from *Our Daily Bread*®. Copyright 2021 by Our Daily Bread Ministries, Grand Rapids, MI. Used by permission. All rights reserved.

REFLECT: Why is it easy to overlook the good things God's done for you in the past when you're in the midst of trouble? How does praising God increase your faith in Him?

PRAY: *Dear heavenly Father, thank You for coming to my aid so many times. Help me to know I can face any battle with You by my side.*

PRAYER SUGGESTIONS:

- Imagine David's heart so full of gladness, relief and gratitude that it overflowed in song! We may feel far removed from circumstances like his, in our comfortable houses with air conditioning and full refrigerators. But let's *remember to remember* how we got here—by God's grace, being fed by His hand and led by His Spirit. Pray for humility and an undistracted heart to worship Him fully.
- Pray for safety and vigilance for first responders to disasters at sea, especially Coast Guard personnel and others who specialize in water rescue.
- Pray for folks who struggle to follow God because of opposition from nonbelievers in their family. May God give them an extra measure of grace to be a light to those around them, and "keep their eyes fixed on Jesus, the author and finisher of their faith" (Heb 12:2).

CHURCH AT PRAYER

Current Health Issues:

Joyce Anderson's daughter Cheryl & grand-daughter Kim
Ed Bachus
Linda Banks' mother & friend Loretta Martin
Jean (Les) Bell
Karen Bowser's granddaughter, Laura
Clark & Jean Brillhart's friend, Shirley
Diane Cooper's friends, Jamie B., Ed F. and Terry
Charlie Costello's great-granddaughter, Scarlett
Dawn Durling
Barbara Eisenbach's friends, Mike K. & Rev. Richard Adams
Diane (Richard) Grant, her sister, Barbara, & brother-in-law, Herb
Ray & Gayle Green's daughter, Samantha, & grandson Melvin
Barbara Harding
Mildred Hartman
Ron Kelly
Mary Keogh's friend, Corrine
Joan Kraftchak's neighbor, Chris
Sharon Layman's friend, Bill, & sister, Robin DeRosa
Juanita Leioatts' & sister Shirley
Betty Letrick
Lulu Llewellyn
Doreen Lynch's brother, Richard, friends; Jessica, Judy, Chris, & neighbors, Linda & Al
Marshall (Patsy) McCammack
Cornelia Mills' daughter, Dawn and son-in-law, Charles
Kathy Morrison
Bobbi Mosley's nephew Sean
Dan Sharrow & his friend, Charlie
June Taylor's daughter, Cheri
Norma (Al) Tebbs' friend, Esther
Juanita & Bill Welsh
Jane Wilson
Carol Wise and her son, Jimmy
Julie Wylie, and grandson, Austin

Persistent/Chronic Illness:

Pam Carter
Pat (John) Carroll
Stan (Helga) LaVoque

Homebound/Care facilities:

Ray Bratberg

Grieving:

Family & friends of Juanita Leioatts on the death of her sister, Suzy (4/25)
Family and friends of Will Ernst on the death of his wife, Carol (4/25/25)
Family and friends of Darlene Smith on the death of her husband, Ralph (4/26/25)



Team Members:

Joyce Anderson, Clark Brillhart, Jane Capo, Pat Carroll, Sally Clark, Barbara Eisenbach, Cornelia Mills, Juanita Welsh (Rev. Jeff Wood)

Pray with us: Tuesdays at 9:15 a.m.
To request prayer, contact the office or speak to a team member.

Prayer Teaching:

4th Tuesday of the Month at 9:30 a.m.